

Bangalore Mirror

TEMP Max 32 | Min 22 | Humidity 77%

Partly cloudy sky

Sensex 57,628

Silver 74,600

Dollar 82.63

Euro 88.62

GBP 100.76

CITY
PAGE 3

No reels here

Make social media reels on metro and you may be offloaded

CITY
PAGE 5

Who's there?

Case filed for allegedly separating mother dog from puppies

Bus shelter used by several citizens since 1990 disappears one fine morning; upcoming commercial entity removed public infra, allege residents

CURIOUS CASE OF MISSING BUS STOP

Bus stops in Bengaluru either inadequate or ill-maintained

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TWEETS @BangaloreMIRROR

In a curious case of missing public infrastructure, Bengalureans lost a bus stop overnight. HRBR Layout, Kalyan Nagar residents claimed a bus shelter that has existed since 1990 disappeared on the morning of March 10.

Bus stops in Bengaluru are either inadequate or ill-maintained. These facilities suffer from a lack of ownership from road transport corporations as the shelters come within the purview of the Bruhat Bengaluru Mahanagara Palike.

However, to add to the problems, bus stops are disappearing altogether now as the case in point.

A bus stop on 4th A cross, 7th Main, 1st block, HRBR Layout has been used by senior citizens since 1990. But the facility has now disappeared overnight. Residents alleged that an upcoming



commercial firm has removed the bus stop.

"When the layout in Kalyan Nagar was formed, there was a bus stop donated by the Lions Club.

CONTINUED ON PAGE 8 >>

For the past 33 years, people have sought shelter in the sun and rain here. However, someone has erased the bus stop overnight

— Dr Maheshwarappa, former president, Lions Club

Green Wheels



'Bengaluru RTOs ranked among top five green RTOs in country'; EV penetration at 4.85% in state, says study

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Two of Bengaluru's Regional Transport Offices (RTOs) – Bengaluru South and Electronic City – have been ranked among the top five green RTOs in the country.

According to a study conducted by the Council on Energy, Environment and Water (CEEW), Bengaluru South, with 17,063 newly registered EVs, grabbed the fourth spot and Electronic City RTO ranked fifth with 10,520 new EVs registered between April 2021 and September 2022.

Burari Taxi unit in Delhi is ranked the country's greenest RTO followed by IP Estate in Delhi and Chennai East RTO in Tamil Nadu.

The study titled Greening India's Automotive Sector showed Karnataka has an EV penetration rate of 4.85% with 92,690 EV units sold in the aforesaid period. The state has been ranked the third greenest in the country with EV penetration at 4.85% after Delhi at 8.30% and Assam at 5.91%.

While the total number of EV units sold in Karnataka was 92,690, the study highlighted that the majority of this (96%) includes

CONTINUED ON PAGE 8 >>

2 THINGS TO DO

01 Reclaiming sensuality

Ranging from varied mediums—paintings, sculptures, ceramics to photographs, textiles and installations, 'A(muse)ing the Self' is an exhibition that seeks to provide viewers with an all-sensory experience of femininity and reclamation of sensuality. Eighteen artists come together to express their journeys through the landscapes of their bodies via prisms of "self-musing". Where: 1Shanthiroad Studio/Gallery When: Till March 22



02 A slice of jazz



Playing a combination of original music and jazz, the Meera Desai Collective experiments in lyrical folk and jazz and has been releasing original music with producer Raag Sethi since 2019. The group is a meeting of passionate and diverse musicians involved in India's contemporary jazz scene, focusing on finding and creating beauty in subtle ways. Catch them live! Where: Windmills; When: March 24 and 25, 9:30 pm onwards Tickets: Bookmyshow.com

Winners take all

Tanishka Murthy of Mysuru has been crowned as the VK Navataare winner at a glittering programme held on Sunday. Srujana Veerendra Kumar of Davanagere and Amruta Murthy of Bengaluru were adjudged as the first and second runner ups respectively. More than 21 college students from across the state were selected for the finale of the VK Navataare season five.



Ugadi but everything is just too expensive!

Citizens dismayed over sky-high prices of fruits, flowers, vegetables

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Ugadi is almost here and Bengaluru is buzzing with activities and people are shopping away for the festival. However, a rise in prices of flowers may be a dampener for many.

The price of flowers for example has been steadily increasing. Venkatesh, a flower shop vendor said, "The price of flowers is expected to increase drastically on Tuesday and Wednesday. The price of flowers has nearly doubled. One of the main reasons for the hike in the price is the lack of sufficient growth of flowers. Due to excess heat, it has become difficult to grow flowers. An increase in demand for flowers is also a reason for the hike in the price."

A kg of jasmine used to be sold for Rs 600 is now being sold for Rs 1,200. Crossandra infundibuliformis price for a kg has gone from Rs 1,000 to Rs 1,600, chrysanthemums price has gone from Rs 100 to Rs 260 for a kg.

Along with flowers, there has been a surge in the price of fruits.

A fruits vendor, Hemanth, told Bangalore Mirror, "The price of all the fruits has increased drastically. Currently, the price of fruits has nearly doubled. There has been a surge in the demand for all fruits, but the demand for



People at the city market buy flowers ahead of Ugadi (file)

oranges is drastic. Seasonal changes are affecting the prices."

Previously, the price of oranges was Rs 70 per kg and has now increased to Rs 120 - 130 per kg. The price of papaya has increased from Rs 50 to Rs 70 while mangoes are priced at Rs 150 per kg.

While the price surge of a variety of fruits is due to the demand and festive season, the hike in the price of bananas is a result of less cultivation of the fruit.

"The increase in the prices is a result of the damage caused by heavy rain received

in the previous year. As a result, the fruit could not be cultivated in sufficient amounts. The hike in the prices is not a result of the festive season. Every year the price of a kg of bananas was around Rs 50-60. This year the price is around Rs 90. This is the first time in 20 years that the price of bananas has increased to this extent," says Nagraj, a fruit vendor.

Along with the prices of flowers and fruits, there has been a slight increase in the price of obbattu.

Obbattu is a sweet popularly consumed during the festive

"The increase in the prices is a result of the damage caused by heavy rain received in the previous year"

— Nagraj, a fruit vendor

season. A vendor at VV Puram who preferred to remain anonymous said that their stall was planning on hiking the price of obbattu by Rs 5 because the prices of all the ingredients have increased."

Prakash, the owner of 'Holige Mane' said the prices of all the ingredients required to prepare the sweet have increased, however, "we do not plan on increasing the price of obbattu. Currently, bele obbattu are in high demand".

There has been a marginal increase in the prices of lemons and vegetables too. A customer, BL Rajeshwari, said, "The prices of all the fruits and flowers are sky-high. As customers, we cannot do anything about it. I buy minimal products in order to save."

For others, prices were not as important as the joy of celebrating itself. Kalavathi, a homemaker added, "This festival comes only once a year and this is one of the many holidays where we get to spend time with our families. Considering the joy we get after spending time with our family, spending a little extra should not be a problem."

SC declines to stay HC order on board exams

Top court says it does not want uncertainty to prevail over boards for Classes 5, 8

The Supreme Court on Monday declined to stay a Karnataka High Court order which had allowed the government to conduct board exams for students of Classes 5 and 8 in schools affiliated to the Karnataka state board.

Counsel, representing the associations of unaided private schools, mentioned the matter before a bench headed by Chief Justice of India DY Chandrachud and comprising Justices PS Narasimha and JB Pardiwala, seeking an urgent hearing.

The bench said it would not like to interfere with the high court order, adding: "The high courts know what is best in that state." Counsel contended that the examinations are scheduled to begin on March 27, and the matter could be taken up on an earlier date. The top court said it

does not want any uncertainty to prevail.

After hearing submissions, the top court agreed to examine the plea against the High Court order on March 27.

A division bench of the High Court on March 15, had stayed the single judge bench order passed earlier this month, quashing the government circulars on the ground that they were issued in violation of the procedure under the Right of Children To Free and Compulsory Education Act, 2009.

The government circulars issued on December 12, 2022, December 13, 2022, and January 4, 2023, have been questioned by the Unaided Recognised Schools, the Registered Unaided Private Schools' Management Association Karnataka, and Karnataka Unaided Schools

The High Court last week allowed the state government to go ahead with the new method of assessment

Management Association. It was contended that changing the assessment method by conducting state-level aboard exams, instead of school-level assessment, will adversely impact the students and the teachers.

The High Court, last week, allowed the state government to go ahead with the new method of assessment similar to board exams for classes 5 and 8 and to reschedule the examinations from March 27.

— IANS

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Big reel deal: Namma Metro gives 0 likes

BMRCCL to offload people who make videos or perform stunts in trains for social media likes

ASIF AHMED/UNSPLASH



If you disturb co-passengers, get ready to disembark

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If you think you can quickly make a reel for Instagram performing stunts inside a Metro train, be warned that you may be offloaded from the train before you can say the word reel. There have been a few instances, when a few of the 'unruly' commuters were handed over to the police.

Following the Delhi Metro Rail Corporation Limited's (DMRC) tough action against social media influencers acting inside the Metro train, Namma Metro too has warned of action against disturbing elements.

DMRC had come out with this statement recently: "There should be zero disturbance to other commuters inside the trains. Filming reels or dance videos or any other such activities that may cause inconvenience to the passengers is strictly prohibited inside the Delhi Metro."

Reacting to this, a senior Bangalore Metro Rail Corporation Limited (BMRCCL) official said that they have been stressing on the fact that there should be zero disturbance to fellow commuters. "In fact, we have had a couple of incidents in the past where a few enthusiasts tried to perform stunts for social media reels inside the Metro trains. They were promptly asked to get down at the next station and handed over to the police. We have been frequently announcing this through the public address system. We have marshals in place and they are keeping a close watch on such activities."

Traffic police to get cracking too

Meanwhile, even traffic police want to make sure that no one violates rules just for garnering more likes on social media as it can endanger lives.

In fact, Bengaluru City police have formed a social media team to keep a watch on such reels. Earlier, an Instagram reels performer was fined Rs 17,500 for violating traffic rules. A senior police official said, "We have an internal social media watch team. The mandate for the team is to keep an eye on all the social media platform activities. If a video is shot on a bike in static position, then no traffic violation is booked. However, if any video is shot on a moving bike by violating traffic rules, then we will impose fines. There are many examples where people share videos without wearing hel-

BMRCCL official says marshals are keeping an eye out for those who create any issues on Metro trains

metts or riding triples. These attract fines as they are classic examples of traffic violation. Based on the vehicle's registration number, we will issue traffic challans to the owners. Though there is a provision for a person to challenge this in court, however, we will proceed to impose fines when we have sufficient evidence."

Another senior police official said that recently, an Instagram reel performer was penalised as he was seen performing dangerous stunts and neglecting traffic rules.

"It must be understood by everyone that the traffic rules are meant to ensure safety. However, with short videos becoming popular on social media, many are taking too dangerous videos. These videos are done with the intention of garnering maximum likes and becoming popular. This is definitely a dangerous trend where people are violating rules to gain popularity."

Man stabs wife, son, self

A software engineer tried to kill his wife and son by stabbing them with a knife and later tried to kill himself by stabbing himself with the knife on his neck. The incident took place in the Rajarajeshwari Nagar Police Station limits. Harsh, 45, Sudharani, 38, and Pratham, 12 are undergoing treatment at a private hospital in Bengaluru.

Harsha from Tumakuru and Sudharani from Ballari are software engineers and have been married for 12 years. The

couple also has a 12-year-old son. The couple have been living in Rajarajeshwari Nagar for the last 10 years. Harsh, who had recently become addicted to alcohol, is said to have been getting into fights with his wife over trivial issues. Harsha is said to have quit his job three months ago.

On Friday night, Harsha came home after drinking a lot of alcohol and quarreled with his wife and attacked her, his son and then he stabbed himself.

Cop turns harasser

A Kodigehalli Police Station Inspector has been accused of sexual misconduct towards a young woman who had gone to file a complaint. The woman wanted to file a complaint against a man who didn't return Rs 15 lakh taken from her. The inspector allegedly took her number and started calling her.

DCP Lakshmi Prasad has started an investigation.

Bizman threatened

A businessman who had come to meet a woman he connected with on Telegram was threatened by three men in Puttenahalli. The woman said she needed a partner as her husband was in Dubai and sent him her location in JP Nagar. As the man was waiting there, the men threatened him for money. A case has been registered against four, including the woman.

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Fair chance to smart parking lots in B'luru

BBMP floats new tender for smart parking system, chooses to offer reduced revenue sharing of 40 per cent for first two years; there will be no parking fee collection

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After failing to get any bidders for the smart parking system, Bruhat Bengaluru Mahanagara Palike (BBMP) is planning to limit the revenue sharing to 40 per cent for a period of 2 years to attract more bidders.

The smart parking system proposed by Palike appears to be failing at the beginning. Despite efforts to make it more attractive, there were no bidders for the tender floated by the civic body.

As a result, the BBMP has floated the tender again under eight packages for the respective eight zones in Bengaluru. The tender has been floated for the implementation of a smart parking management system on a design, build, finance, operate and transfer (DBFOT) basis for a period of 10 years.

However, it should be noted that parking plans by Palike seem to be constantly failing. After multiple tenders floating for the 1500-capacity Freedom Park parking facility, Palike decided to handle the facility by itself and handed it over to the road and infrastructure department. A senior BBMP official told Bangalore Mirror that in the previous tender, BBMP did not get any bidders.



People find it difficult to get proper parking space in city. BBMP floats the tender for smart parking system again under eight packages for the respective eight zones in Bengaluru

"Previously, we were under the impression that there will be 100 per cent occupancy and that the facility will be run for 12 hours. Now, we have reduced the operational hours to 10 hours and reduced the occupancy to 80 per cent," he said.

For the first five months, the bidder has to invest and build assets for the smart parking facility like an automated parking vending system, boom barrier, etc.

Another 5 months will be given to the bidder as a cushion period. Palike has decided to collect revenue on a revenue-sharing basis only after 10 months.

Noting that the behavioural shift of citizens for paid parking facilities could take some time, Palike has de-

Previously, we were under the impression that there will be 100 per cent occupancy and that the facility will be run for 12 hours

— a senior BBMP official

cided to limit the revenue sharing to 40 per cent for the first 2 years.

"The mindset of the citizens is to get every service free of cost and it will take some time for the behavioural shift. To prevent the contractor from going into losses due to slow adoption, we have decided to reduce the revenue sharing to 40 per

cent. After two years, the revenue sharing will be increased by 5 per cent every two years," he explained.

After 8-10 years, Palike will get 60 per cent of the revenue. Palike has introduced the reduction in revenue sharing taking into account the capital investment that will have to be made by the contractor in the initial stage, he added.

However, Palike clarified that there will be no changes in the parking fees. The civic body will be collecting fees under three categories of roads, and parking fees will be deferential. It is estimated that a car user parking in category A (CBD area) will have to pay Rs 30 per hour while a bike user will have to pay only half.

'Case and counter case to be tried by the same court'

When two cases arise as a case and counter case from the same incident, both of them have to be tried by the same court together, said the High Court of Karnataka.

Allowing a petition filed by a doctor, the High Court transferred a case pending in a lower court to another court where a related case was being tried.

"Settled principles of law in deciding the case and counter case have not been disputed by the learned counsel for respondent. In a plethora of judgments it is held that a case and counter case have to be tried together by the same court irrespective of the nature of offence involved," the High Court said transferring one of the two cases pending in lower courts.

The rationale behind this is to avoid

conflicting judgments over the same incident. That being so, the prayer made by the learned counsel for the petitioner in this petition requires to be allowed, it added. The two related cases were pending before the II Additional Chief Metropolitan Magistrate and the LXX Additional City Civil and Sessions Judge Courts in Bengaluru.

Dr Sanjeev Kumar Hiremath had filed a complaint against Dr Raghavendra in Jayanagar police station. A chargesheet has been filed by the police in the case and it is pending in the Magistrate Court. Dr Raghavendra had filed a complaint against Dr Sanjeev Kumar Hiremath regarding the same incident that happened on July 10, 2017 in the same police station.

IN HIGH COURT

— PTI

'Exit India only after paying the full fee'

AUS citizen who approached the High Court of Karnataka seeking a direction to the Union Government and Bureau of Immigration to issue her an exit permit has been ordered to pay the full fee of her MBBS course.

Coming to India on a tourist visa as a child, she had completed her education throughout claiming to be an Indian citizen. It was only when she sought an exit permit from India that it came to light that she was an US citizen on an unauthorised stay in India.

"The petitioner has shamelessly resorted to falsehood and

achieved her goals by unethical means as indicated hereinabove. Curious enough, the petitioner does not even want to pursue her career in this country, having secured benefits throughout her career contending that she is an Indian," Justice M Nagaprasanna said in his judgment recently. The Court allowed the issuance of an exit permit to her subject to her paying the course fee applicable to a NRI/overseas citizen of India. It also directed the authorities not to subject her to legal proceedings for unauthorised stay considering the peculiar facts of the case.

— PTI

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Left forever?

Ayyappa Nagar



Pipes have been lying on the road for several months, causing the stretch of road from SEA College to Diya School on Kodigehalli Road in Ayyappa Nagar.

No easy walk

Lingarajapuram



Pedestrians are unable to use the footpath at busy Oil Mill Road, Lingarajapuram due to encroachment.

Grabbing space

RT Nagar



Tender coconut vendors have set up permanent shops on footpaths in JC Nagar and RT Nagar areas.

Covid hospitalisations rise in Bengaluru

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With the increase in covid 19 cases reported in Karnataka, the number of covid hospitalisations have also increased. Data from the Bruhat Bengaluru Mahanagara Palike (BBMP) war room data says over 61 have been hospitalised in the city. The rate of hospitalisation for covid 19 on March 1 was only 12 cases, however by March 19, it has gone up to 61.

As of March 19, Bengaluru has recorded 377 active cases. Amongst the 61 hospitalisations, 46 are general ward admissions, 11 ICU admission

and 4 HDU admissions have been reported. In the last seven deaths, the city has reported gal cases of covid-19 deaths as well.

As compared on March 1, only 12 hospitalisations were reported. Five patients admitted in general ward and four in ICU, while three patients admitted in HDU.

While the city was seeing a surge of the influenza H3N2 virus, with hospitals seeing the OPDs flooded with patients with influenza virus. A recent surge has been observed in covid 19 cases as well.

Patients are coming down with symptoms of cough, cold, fever and in some cases stomach, diarrhoea and loss of smell and taste.



The BBMP is now aiming at increasing the covid-19 daily testing in the city. "Patients with comorbidities are admitted for different health reasons but when tested, are covid-positive. Since H3N2 and covid-19 have

similar symptoms, we have decided to carry out covid 19 tests and increase the daily tests. We are even carrying out waste water surveillance so that the virus spread does not increase at large. Our focus is to test patients with ILI and SARI symptoms," said Dr Trilok Chandra, BBMP Commissioner.

While the question arises, that if the country will see yet another wave of covid, Dr Murali Mohan BV, Senior Consultant - Internal Medicine, Pulmonology, Narayana Health City said, "It is too soon to say if it is another wave of covid. However, we have definitely seen a surge in covid-19 cases. In the last one week the cases of covid have doubled up. The cases are mild. The new variant

XBB.1 is so far observed to be mild in nature. People need to just follow the CAB, like washing hands and use of sanitizer, maintain social distancing and wear masks in crowded areas."

Dr Chinnadurai R, Lead Consultant - Critical Care, Aster RV Hospital said, "There has definitely been a rise in Covid cases in the city in the past few weeks. However, due to the nature of the strain not many people are seeking hospitalisation. However, 3 patients were admitted in the ICU. None of them required ventilator support. We highly recommend maintaining covid protocols and getting yourself tested if symptoms like fever, cough and body pain are prevalent."

From pets being stolen to stray dogs being relocated, it's no world for animals

Who kept the pups away?

Case filed against Animal Husbandry Department's Assistant Director for allegedly separating mother dog from puppies



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Animal welfare activists are up in arms over the alleged separation of a mother dog from her puppies in Whitefield by Bruhat Bengaluru Mahanagara Palike (BBMP) Animal Husbandry Department's Assistant Director Dr Abbas. Whitefield Police have registered a complaint lodged by Smitha Uttam Tallimani, a resident of Republic of Whitefield, Divya Shree Tech Park.

The complaint lodged on March 17 alleged that Dr Abbas has separated a mother dog from her three puppies on March 14. The complainant asked the police to summon Dr Abbas and enquire about him and create awareness. The police have registered the complaint as a non-cognisable offence.

Meanwhile, animal activists have complained that Dr Abbas, instead of protecting stray dogs, made arrangements to separate the mother dog from her puppies.

Dr Abbas said the mother dog was kept in isolation based on a complaint from one of the residents. "I came to know that the dog gave

birth to seven puppies at a parking lot of an apartment complex and four among them were adopted by some people. The mother dog is looking for the adopted puppies. One of the residents went to the parking lot to take out his vehicle but the mother dog chased him thinking that he came to take away or harm her puppies. It is my duty and responsibility to attend to the complaint lodged by the resident. As of now, the mother dog is kept under observation. All the measures will be taken to relocate the mother dog in the same area," he said.

This is not the first time animal welfare activists have complained to the police about missing dogs.

Smitha had earlier complained to the Whitefield Police on March 2 that someone dumped a puppy in

It is my duty to attend to the complaint. All measures will be taken to relocate the mother dog to same area

—Dr Abbas, Assistant Director, Animal Husbandry Dept

the stormwater drain, half a km away from the apartment, and the management of the apartment had refused to provide the CCTV footage. Richa, a member of SPCA, lodged a complaint with Whitefield Police on August 18, 2022 about the missing of three dogs from the apartment complex.

Now, activists want the authorities to reunite the mother dog with her puppies.

Richa Jatale, SPCA member, said that it was hard to believe that government officials whose job is to safeguard our community animals are blatantly working against the law. "It is apparent that these officials are working hand in glove with animal-hating residents who want to live in a stray-free society instead of coexisting in peace. What about animal rights? Our planet can survive and thrive only when humans learn to live in harmony with other living beings and Nature," said Richa.

She said that relocation was not a solution and the residents of Republic of Whitefield must understand that feeding eliminates aggression and anxiety in dogs. "Need of the day is to work together with feeders to ensure dogs are well fed, vaccinated and sterilised," she said.

Arun Prasad, an animal activist, said that Rule 16(6) of ABC Rules 2023 was being flouted by the BBMP and the dogs are kept in illegal detention. "Unless there is physical evidence of attacks by the dogs, the street dogs cannot be picked up based on mere public complaint as there is no provision under law to take street dogs into preventive custody," said Arun Prasad.

He said the BBMP should implement Rule 16(9) of ABC Rules 2023 in creating public awareness as street dogs are protected under Supreme Court order in SLP 691/2009 which clearly stated that the Chief Secretaries of all States must be in compliance with the apex court directions.

"Women who feed and take care of street dogs are harassed and abused and hence the government must step in immediately to protect the safety and dignity of women who are following the Supreme Court orders in taking care of community animals be it stray dogs or stray cattle," he said.

Pet-nappers on the prowl

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TWEETS @BangaloreMIRROR

Pet parents, be alert as there has been a rise in cases of pet thefts in the city.

On March 17, three young men on bikes stole a dog named Joey in Fraser Town. The accused started petting the dog and later kidnapped it, and fled.

The act was caught on CCTV and was widely shared on Twitter.

In another incident, a resident of Hutchins Road said that a gang of 10 to 12 people were seen roaming around on foot and two-wheelers catching cats in cement bags near her area.

She has chased them, thrown stones and tried to take pictures of their vehicle, but she wasn't able to do so. According to her, two of her neighbour's cats were kidnapped in front of her.

Another resident claims that he has seen people walking around and taking away pet dogs or cats.

"I saw two boys, they were around 20, trying to lure a dog outside of the house through the door. Initially I thought they were just fooling around but then I spotted they had a large sack and they were trying to get the dog inside that. I immediately went and questioned them and they fled. I have been informed by my neighbours that such incidents are becoming common," said Ashutosh, a resident of Fraser Town.

According to the police, there is no organised network behind this and there are no specific areas in the city where this is happening.

"We have police personnel patrolling at night. We have not been aware of cases of pet theft but we will be taking action if any case is filed," said the police.



Dance and earn credits

UGC to offer short-term, credit-based modular programmes for those interested to learn about Indian heritage and culture; various dance forms like Yakshagana, Bharatanatyam, Kathak, etc. to be included

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With the release of Kantara movie, there has been a growing interest for many to know about the rich culture and heritage of coastal Karnataka. At the same time, the University Grants Commission (UGC) has now proposed to launch courses for international learners to learn about Yakshagana, Kannada language, and history.

These courses may be offered as short-term, multi-tiered, credit-based modular programmes with multiple entry and exit options for those who want to learn about Indian heritage and culture, in order to promote interest in visiting India among people from abroad.

Based on the degree of learning outcomes and the rigour of the curricular structure of relevant disciplines, the course can be offered at three distinct levels: introductory, intermediate, and advanced.

"In pursuance of the National Education Policy (NEP-2020), which lays emphasis on the promotion of Indian heritage and culture, the UGC has come up with guidelines for introducing courses based on same, such as Universal Human Values, Vedic Mathematics, yoga, Ayurveda, Sanskrit, Indian languages, music and classical dance forms to attract international learners to India," said UGC secretary Manish R Joshi.

The guidelines provide for Higher Educational Institutions (HEIs) to offer tailor-made courses to individuals in the field such as those identified above as credit-based modular programmes, he added.

The UGC has released a draft titled Guidelines for Introduction of Courses Based on Indian Heritage and Culture, which says that there



The UGC says that courses on dance forms like Yakshagana can be included for global community

In pursuance of the NEP, which lays emphasis on the promotion of Indian heritage and culture, the UGC has come up with guidelines for introducing courses based on same —MR Joshi

could be courses on several popular forms of music and dance like Yakshagana, Bharatanatyam, Odissi, Kathak, Hindustani Music, Carnatic Music, Bhangra, Bihu, Jhumar, Domkach, Chhau, Ghoomar, Dandia, Lavani, Dekhni, etc.

"There has always been the interest of the global community to read

the Indian literature, to practice Indian music and yoga, to inspire from Indian philosophy, to get familiar with divergent and multiple facets of the knowledge system, partaking in Indian festivals, and experiencing the essence of Indian cultural, and intellectual heritage," stated the draft.

In view of the relevance of these very curiosities and interests, such programmes are proposed to be introduced as an approach to acquaint the global community with the Indian cultural and intellectual heritage, it added.

How are foreign students benefited?

Furthermore, the UGC said that it has recommended that the curriculum framework of the programme be appropriately divided into five units

and each unit may be divided further into three modules.

"The credit earned in such programmes shall be recognised under the credit transfer system by any of the HEIs, with appropriate variables through the Academic Bank of Credit (ABC) for credit accumulation/redemption towards certification of academic awards as per the UGC norms," informed an official.

However, the required credits, necessary educational component, and requisite level of learning outcome to be decided by the HEIs. On successful completion of the course at every level, the learners shall be granted certificates as specified by the HEIs. The certificates so granted will be made available in digital form through the National Academic Depository (NAD) of the Government of India, he added.

'Let kids keep up with the pace of learning'

Saumyangi Yadav
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@timesgroup.com

TWEETS @BangaloreMIRROR

The Central Board of Secondary Education (CBSE) recently released a circular instructing all the affiliated schools to strictly adhere to the academic session from April 1 to March 31. The board said that some schools have been starting their academic years earlier in order to complete the course work in advance.

"It has been noticed that some of the affiliated schools have started their academic session quite early in the year. Attempting to complete an entire year's worth of course work in a reduced time frame poses risks for students who may get overwhelmed and struggle to keep up with the pace of learning, leading to anxiety and burnout," the circular said.



The board added that this leads to no time for extracurricular activities such as Life Skills, Value Education, Health and Physical Education, Work Education, and Community Service, which are just as important as academics.

Some CBSE schools in Bengaluru have also been following the same pattern of starting their academic year in advance.

"For classes of 9th and 11th, we finish with the final exams by the end of February or March beginning,

Since the summer vacation for the children starts around April 10 onward till May 25, we like to take about 15-20 per cent of the syllabus for the next academic year from mid-March to April 10. Then we give the summer vacation so the students can also enjoy and be stress-free for that time," said Father Sunil Fernandes, principal of St Joseph Boys' High School, Bengaluru.

This helps in providing connectivity to the students for the coming academic year's curriculum as they can also give projects, and holiday homework on the basis of the covered portions, he added.

Unlike the northern states that have summer vacations in the month of June, Karnataka has summer vacations for school children in the month of April and May, due to which affects the academic year.

"Since the weather conditions are different in different states, we have

to go by the context. India is diverse in terms of weather conditions and the same calendar might not apply everywhere. However, the length of the vacation and working days are the same all over India," he explained.

The CBSE board examinations are currently going on for classes 10th and 12th. As per the schedule, the Class 10 board exams will be ending on March 21 whereas, for class 12th, exams will go on till April 5.

The schools in Bengaluru also added that, unlike the state board affiliated schools that have a 6-day working week and have 260 working days, most CBSE and ICSE only get 210 working days.

"Second and fourth Saturdays are holidays in most schools while others also give half days on the third and first Saturdays. It gets difficult to finish the curriculum in a limited time," he further added.

Break from Uri Gowda and Nanje Gowda

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The ruling BJP party leaders faced an embarrassment on Monday when they were asked by a Vokkaliga pontiff to refrain from making comments on Uri Gowda and Nanje Gowda. In fact, the Horticulture Minister Muniratna had to clarify that he would not make any movie on the duo. For the last few weeks, the ruling BJP and the opposition have been trading barbs over the issue.

BJP leaders are maintaining that Mysuru ruler Tipu Sultan was not killed by Britishers, but by Vokkaliga soldiers - Uri Gowda and Nanje Gowda. The issue has stirred a controversy in the state. There was an attempt to make a movie on Uri Gowda and Nanje Gowda, later the announcement was withdrawn.

Reportedly, the BJP is trying to impress the Vokkaliga community ahead of Assembly polls in the state by propagating Uri Gowda and Nanje Gowda.

In fact, Karnataka Congress on Monday came down heavily on ruling BJP leaders for 'creating new historical characters Uri Gowda and Nanje Gowda', and allegedly propagating that they killed erstwhile Mysuru ruler Tipu Sultan.

KPCC president DK Shivakumar said that this was a distortion of history for elections and an insult to the Vokkaliga community. However, till now, BJP leaders like Dr CN Ashwath Narayan, CT Ravi and Shobha Karnadlaja were making statements that they had sufficient proof to show that Uri Gowda and Nanje Gowda were real historical personalities, and had indeed killed Tipu Sultan.

On Monday, Nirmalanandanatha Swamiji of Adichunchangiri Mutt, said, "History should have evidence like inscriptions or any historical documents. As of now, there are historical documents to claim that Uri Gowda or Nanje Gowda killed Tipu Sultan. Hence, I ask the BJP leaders to refrain from making any such statements."

After meeting the pontiff, Muniratna said, "Following the advice of Swamiji, I have decided to drop the project of making a movie with the duo." Earlier, Muniratna had announced the making of a movie from the next month on these two characters.

Meanwhile, JDS leader and former CM HD Kumaraswamy wondered why BJP is talking about created characters of the past instead of focusing on people's problems.

Shivakumar said, "The characters of Uri Gowda and Nanje Gowda are newly created and caste colour is given. They are distorting history which is incorrect. I condemn it. I had urged Nirmalanandanatha Swamiji to take up lead to protest and call for a meeting. He should not allow people to sow the seeds of poison in society."



Eat to your heart's content

3 ways to unlock the power of food to promote heart health



Your diet — the foods and drinks you eat, not short-term restrictive programmes — can impact your heart disease risk. Evidence-based approaches to eating are used by dietitians and physicians to prevent and treat cardiovascular (heart) disease.

National Nutrition Month, with its 2023 theme of Unlock the Potential of Food, is an ideal opportunity to learn more about these approaches and adopt more heart-friendly behaviours.

The Canadian Cardiovascular Society (CCS) Clinical Practice Guidelines recommend three main dietary patterns for lowering heart disease risk: the Mediterranean Diet, Dietary Approaches to Stop Hypertension (DASH) and the Portfolio Diet.

The Mediterranean Diet is rich in colourful vegetables and fruits, whole grains, legumes, nuts, olive oil and seafood. Research studies have shown that this diet reduces risk of having a heart attack or stroke, even if you already have heart disease, and provides several other health benefits. Dietitians of Canada has created a resource that summarizes the details of this approach to eating.

The DASH Diet focuses on eating plenty of vegetables, fruit, low-fat dairy, whole grains and nuts, while limiting red and processed meats, foods with added sugar, and sodium.

Originally developed to treat high blood pressure, this diet can also lower low-density lipoprotein cholesterol (LDL-C — the unhealthy type of cholesterol) and provides several other health benefits. Heart & Stroke has several resources on this approach

to eating.

The Portfolio Diet was originally developed in Canada to treat high cholesterol. It emphasises plant proteins (for example, soy and other legumes); nuts; viscous (or "sticky") fibre sources such as oats, barley and psyllium; plant sterols; and healthy oils like olive oil, canola oil and avocado.

Many research studies have shown that this diet can lower LDL-C, and provides several other health benefits. Research shows that even small additions of Portfolio Diet heart-healthy foods can make a difference; the more you consume of these recommended foods, the greater your reductions in LDL-C and heart disease risk.

The Canadian Cardiovascular Society has an infographic on how to follow the Portfolio Diet.

A common theme among these three approaches to eating is that they are all considered plant-based, and small changes can make a difference in your overall heart disease risk.

"Plant based" does not necessarily mean you have to be 100 per cent vegan or vegetarian to get their benefits. Plant-based diets can range from entirely vegan to diets that include small to moderate amounts of animal products.

Knowledge of healthy eating approaches is key, but behaviours unlock the power of food. Below are three strategies to use to apply the potential of food to promote heart health. They show that by combining the power of nutrition and psychology, you can improve your chances of making long-term changes.

You don't need to do this alone. We recommend requesting a referral from your physician

(this helps with getting the appointment covered by your insurance) to work with a registered dietitian and/or psychologist (behaviourist) to co-create your own ways to unlock the potential of food.

3 ways to unlock the power of food

1 Master and conquer the 90 per cent goal

Pick a goal you're 90 per cent sure you can succeed at, while creating a plan to meet larger and harder goals in the future. This approach will help you build confidence in your skills and give you valuable information about what does and does not work for you.

Research shows starting with 90 per cent goals makes it more likely we meet future goals. A 90 per cent goal could be swapping out animal protein for plant protein — such as tofu or beans — at lunch on Mondays (Meatless Mondays).

Another example: use a meal delivery service that provides measured ingredients with plant-based recipes on Monday, Wednesday and Friday, so you can get some new ideas about how to incorporate more plants into your meals.

2 Why eliminate and restrict, when you can substitute?

Pick a "do instead" goal or work with a registered dietitian to substitute healthier choices for your current foods and drinks. Avoid setting goals that may make you focus MORE on the foods you're trying to avoid (for example, "stop eating sugar").

Instead, the substitution ap-

proach can include things like choosing lower-sodium soup or purchasing pre-cut vegetables with the aim of reducing your starch portion at meals by half. Canada's Food Guide, Diabetes Canada and Heart & Stroke recommend that half your plate be vegetables.

3 Set value-based goals

Connect your goal to something that deeply matters to you. While long-term outcomes (such as heart disease) may be the impetus for change, research shows that things that matter to us right now motivate us most. Picking personal and meaningful reasons for change will help with sustained change.

For example, choose to cook one meal that incorporates a vegetable with a close friend or family member, so you can share the experience and spend time together. This example may be rooted in the following values: kindness, relational values, cultural values, empathy, courage.

Unlock the power of food

Research shows a key to changing diet is focusing on changing eating habits and food behaviours, one at a time.

The support of a nutrition professional, such as a registered dietitian and/or a psychologist, can help you make informed choices and plans, tailored to your unique needs, situation, preferences, traditions, abilities and capacity.

Shannan M Grant, Mount Saint Vincent University; Andrea J Glenn, Harvard University; Dayna Lee-Baggley, Dalhousie University for The Conversation

MIND, BODY & HEART



All you need to know about...

Gastritis

What is it?

Gastritis literally means inflammation of the stomach lining, and there are many causes, alcohol being one of the most common. Stomach acid makes it worse.

What are the symptoms?

It's like indigestion but much worse because it's accompanied by pain, loss of appetite, feeling full and bloated, nausea, vomiting, burping and farting. If you vomit bright red blood or your vomit is black like coffee grounds, your poo is black, sticky and extremely smelly, or you have sudden severe tummy or chest pain, call 999 or go to A&E.

What causes it?

Taking anti-inflammatory painkillers (such as ibuprofen) and aspirin, drinking too much alcohol, being very stressed, and infection with a bacterium called helicobacter pylori (H. pylori). H. pylori causes stomach and duodenal ulcers.

What's the treatment?

Treatment for gastritis depends on what's causing it. If gastritis is only causing mild indigestion, there are things you can do for yourself such as reduce the number of caffeinated drinks you have, avoid alcohol, lie on an extra pillow in bed, and lose weight if you're overweight. Talk to your doctor about stopping anti-inflammatory painkillers (such as ibuprofen) or aspirin and try a different medicine, if possible.

Your GP might prescribe medicines to control stomach acid and stop it from rising into your food pipe (oesophagus), such as antacids and proton pump inhibitors.

With persistent or severe gastritis, your GP might refer you to a specialist (gastroenterologist) who would then perform a gastroscopy to look inside your stomach.

—Dr Miriam Stoppard, Daily Mirror

Bus shelter gone missing

CONTINUED FROM PAGE 1

The shelter was used by old people, women and children, often waiting for buses. The bus shelter was removed on March 9 to make way for a new commercial establishment," said Christopher Cruz, a resident of the area.

"In 1990, two friends donated the funds required to construct the bus stop. For the past 33 years, people have sought shelter in the sun and rain here. However, someone has erased the bus stop overnight. We have lodged a police complaint at the Banaswadi police station regarding this issue; the Hoysala inquired about the incident," said Dr Maheshwarappa, former president of Lions Club.

"There are around 3,000 bus shelters in the city. At times, metro work or any other civil work demands shifting; so we issue orders to



shift bus stops. After due verification of the site, we will be able to confirm if the BBMP has given the order or not," a senior official at the civic body said.

Activists advocating better public transport infrastructure felt more funds should be invested towards the setting up of bus stops and maintenance.

"The bigger problem is the lack of clarity on the

ownership of bus stops in the city. BBMP owns bus stops, not the buses. In such cases, BMTTC needs to question BBMP regarding missing bus stops. When hundreds of crores of rupees are spent for building metro stations, we request the honourable authorities to accord the same importance to bus stops as they do to metro stations," said Srinivas Allavilli, fellow, WRI.

EV future: Karnataka 3rd greenest

CONTINUED FROM PAGE 1

two-wheelers, three-wheelers, and e-rickshaws. When it comes to private four-wheelers, the number of vehicles sold was less than 1% of the total.

Experts said high upfront costs and range anxiety are some of the factors that keep people away from the much-needed switch. The heavy EV infrastructure investment cost and considerable policy gaps make the transition even more difficult. As Karnataka has a robust EV policy in place, it does not offer consumer incentives like other states such as Delhi and Assam.

"A total of 92,690 electric vehicles sold over 18 months is a good report card for Karnataka. Although, when it comes to private four-wheeler penetration, the high upfront cost of these vehicles is the issue. A direct comparison of models available in petrol and diesel variants will show that they are a lot more cost-effective than their electric counterparts," said Tupti Deshpande, e-mobility expert.

Moreover, owning a private EV for daily commutes has better utility if the daily travel distance is significant.

"In the urban setup, on average, a private vehicle runs around 25-30 km per day. This is



the reason that the penetration rate is lower. Although bringing in consumer incentives might create better penetration; every state has its focus. Karnataka's focus has been on manufacturing. The state has a robust EV policy and when manufacturing picks up and reaches that scale of economy, the prices of private EVs will automatically come down, resulting in better penetration rate automatically," said Deshpande.

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CHANGE OF NAME

I Nirupama Brahmar Karunakara Hegde W/o Karunakara Angali Hegde R/o No 45, 2nd Main, Dollars Colony, Jp Nagar 4th Phase, Bengaluru 560078 have changed my name to Nirupama Hegde for all purposes.

I, MOHAMOOD AZIZ SHAIK, S/o, Abdul Azeer and Residing at No.4/1, 2nd Floor, Five Winds, 3rd Cross, Manjunatha Layout, R T Nagar Post, Bangalore 560032, Karnataka, India have changed my name to **MAHAMOOD SHAIK AZEEZ** vide Affidavit dated 20.03.2023 sworn before notary B V Nagabhushana, Bangalore.

I, HARISH, S/o, Manjunatha Gowda and Residing at No.7-24, Kakkara Bettu, Baremelu, Ujire, Belthangady, Dakshina Kannada - 574240, Karnataka, India Now Camp at Bangalore, have changed my name to **HARISH GOWDA UJIRE** vide Affidavit dated 20.03.2023 sworn before notary B V Nagabhushana, Bangalore.

I, SATHISH KUNDAPUR Residing at No. 05, Market Road, Police Station Road Cross, Basavanagudi Bangalore-560004, have changed my name to **SATHISH KUNDAPUR**, vide affidavit dated 20/03/2023, sworn before notary M.K.DEVAKI, Bangalore.

I, Subhash Rana S/o late, Balbir Singh Rana R/o 5/3, 2nd Floor, Anepalya Adugodi post, B'lore -560030 declare that my father name has been wrongly written as Balbir Singh in my passport No-L5792118 but correct name of my father is Balbir Singh Rana.

I, Soumya M R/o #1889 Southend Circle road, 26th main, 9th block, Jayanagar Bengaluru 560041 have changed my minor daughter name Aisiri Krishna to **AISIRI KASHI** affidavit Dt.20/03/2023 notary Ganesh Gowda M.V, B'loru

I Seema Khan W/O, Mohammad Saif Khan R/o 201, Janhavi Shelters 30/1, Yallanahalli Village, Akshaya Nagar, Yelenahalli, Bangalore - 560068 have changed my name to Seema Mohan Khan

I Gregory Leyon Malcolm S/o Thomas Loyson Malcolm R/o Liju Dale, Chinnappa Compound, Church Road, Harihar, Davanagere 577601 Karnataka have changed my name to Gregory Leyon for all purposes.

I Namrita Chandra w/o Prashanth Karanth R/o Flat.1203, Lavender Block, H.M World city, JP Nagar Bengaluru 560062 have changed my name to Namrita Karanth affidavit Dt.20/03/2023 notary Ganesh Gowda M.V, B'loru

I Lakshme Gowda Boregowda S/o Bore Gowda, R/o # No 88 20th Cross Krishnashah Layout Ittamadu Bsk 3rd Stage Bengaluru 560085 have changed my name to Lakshme Gowda for all purposes.

I Shreya Sudheendra Kulkarni, R/o S1, Vensa Residency Main - pal County Road, Singasandra B'loru 560068 have changed my name to Shreya Kulkarni vide affidavit dt 20.03.2023 before Notary B.M.Chandrashekar

I, NAGAPPA LAXMAN PUJAR R/o 296 13TH A MAIN ROAD MICO LAYOUT HONGASANDRA BEGUR 560068 have changed my name to **NAGAPPA PUJARA** for all purposes.

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I Rahul Yadagiri Kolan S/O, Yadagiri Kolan R/o C-304, Lilium Gardenia, Thanisandra Main Road, Bengaluru-560077 have changed my name to Rahul Kolan for all purposes.

I Santosh Lamani r/o Flat #404, 4th floor Sun city main rd Rediant Enclave Apartment Kengiri Bengaluru -60 changed name to Santosh Chaudhan



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SHE SAID, HE SAID

Stylist claims he never had any conversation about 'sample size' with Priyanka Chopra

Bollywood actress Priyanka Chopra made headlines last week when she claimed that a stylist humiliated her by saying she wasn't 'sample-size'. Her comments raised eyebrows and created an uproar online. Now, in a latest interview, retired Hollywood stylist Law Roach reacted to the controversy and indicated that the stylist Priyanka spoke about, was actually him.

However, in his interview, Roach revealed that his statement was 'taken out of context' and insisted that he never had such a conversation with the actress.

"It was a little bit hurtful in a way that it ended up in the press, you know? Because that wasn't the real conversation. I've never had that

conversation with her, ever," He told The Cut.

He went on to claim that the actress' team had a hand in making him appear as the 'bad guy'. He explained, "It is her gatekeepers, how they presented what I said to her to make her feel that way. I am sure it was taken outta context to get her to be like, 'Oh, okay, I'm not working with him no more. He's insensitive to my body.' Which I'm like, 'How is that possible? I've been dressing you since pre-pandemic, and it's been nothing but great things.'"

He went on to tell the portal, "I think sometimes what it is with them [agents] is that they have an agenda and I need to be the bad guy because I'm the one who's dealing with the clothes and the body."

While making it clear that he 'loves' Priyanka, he also went on to state that he has "always dressed people that weren't sample-size."

—ETimes



Thanks giving

Director-cum-producer R Chandru became emotional while thanking all those who helped him to make the multi-lingual movie Kabzaa that was released last Friday. Chandru described Real Star Upendra as his devaru (God) who has been a great support to him.

"I will never forget Upendra sir's support, cooperation and encouragement while making the movie," narrates Chandru.

He said he was grateful that Upendra had given the maximum number of days for the shooting of Kabzaa. "I have to thank Sudeep sir for agreeing to play the cop role. I am grateful to producer KP Srikanth for accompanying me to meet Dr Shivarajkumar. I will never forget the encouragement of Dr Shivarajkumar when I approached him," he said.

He also recalled Dr Puneeth Rajkumar's visit during the shooting. "Puneeth appreciated me for the sets for Kabzaa. I considered it my first success," he said.



Is that a subtle hint?

Kangana Ranaut, who has a dynamic presence on social media, is often seen grabbing headlines for her controversial statements.

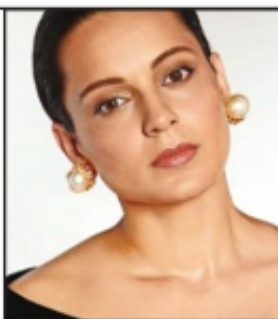
The actress recently reacted to Elon Musk's tweet on love as she hinted at her own alleged love affair with Hrithik Roshan.

Elon shared a post on Twitter which read, "Falling in love hits differently when you know they're a paid actor sent by the CIA to distract you from

dedicating your life to dismantling the government."

Reacting to this, Kangana wrote, "I never believed someone can have a more dramatic life than me, this sounds more exciting than the entire film mafia trying to put me in jail for a love affair..."

Meanwhile, on the work front, Kangana will next be seen in 'Emergency' where she will be seen essaying the role of India's former Prime Minister



Indira Gandhi. Apart from this, she also has films like, 'Tejas' and 'Chandramukhi 2' in her kitty.

—ETimes

Powerpuff girl



Samantha Ruth Prabhu commands a huge fan following across the nation and on social media. The actress is often seen entertaining her fans and interacting with them through her posts.

She is also often seen motivating her fans by sharing her workout videos and pictures on Instagram. Keeping up with the same, she recently shared a photo where she is seen flaunting her abs. Dressed in a black top and grey trousers, the actress is seen working out in a gym. She captioned it with a white heart emoji.

As soon as she dropped the photo on Instagram, her friends and fans showered love in the comment section. Rakul Preet Singh took to the

comment section and wrote, 'Strong Girl', followed by a fire emoji.

While one of her fans wrote, 'Super cool', another one added, 'Hats Off to your workout dedication'. A fan also commented, 'Good Morning. More power to you Sam'.

On the work front, Samantha has been roped in for a series titled, 'Citadel'. The series will be helmed by Raj and DK and will also star Varun Dhawan in the lead role.

—ETimes



Double role

Akash Srivatsa is gung-ho about the success of the lyrics of a song written by him for the movie Shivaji Surathkal 2. Akash is a director who has handled the megaphone for some Kannada movies. His latest movie, as a director, is Shivaji Surathkal 2. The song - Twinkle Twinkle - that was released four days ago became a huge hit among music lovers.

"I am very happy with the success of my song lyrics. I began my career as a director with a short movie Sulle Sathya in 2013. I won a best lyricist award for the movie Sulle Sathya from Kannada International Music Awards (KIMA) in the year 2013. It is the first time my song has got over one million views. I also happened to write lyrics for the Kannada movie Badmash and Shivaji Surathkal and not for its sequel Shivaji Surathkal," he said.

The director said he wrote the words for the song in one hour during the flight from Mangaluru to Bengaluru. "The atmosphere at the Mangaluru Airport inspired me to write it. The music director sent me the tune for the song. When the tune was played, I saw my twin daughters - Shakti and Shanvi - dancing. I wrote lyrics for three songs. I thank my producer and music director for encouraging me," he said with a smile.



Deep thoughts

Actor-filmmaker Nandita Das penned an emotional note after receiving diverse reactions from her audience for her new release 'Zwigato'.

Taking to Instagram, Nandita wrote, "This weekend was quite a rollercoaster ride of emotions. Zwigato released last Friday and the outpouring of the personal messages and social media feedback has not stopped since. But it's not been about just 'liking' the film. It has made people reflect and pricked their conscience to do something about what we tend to ignore. But one can never please all. So

there are also people who found it "too real", "too heavy" or "not too dramatic". Every verdict counts and each to their own!"

The film has opened up the space for conversions and has 'triggered something deeper', Nandita feels. She wrote, "What was moving was to hear the reflective responses - a 12-year-old's poignant questions; an 80-year-old who felt it is never too late to change ... So many shared that they had begun tipping and rating far more generously than they ever did. It's clear that the film has triggered something deeper."

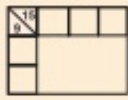
—ANI



A woodworker normally makes a certain number of parts in 24 days. But he was able to increase his productivity by 5 parts per day, and so he not only finished the job in only 22 days but also he made 80 extra parts. How many parts does the woodworker normally makes per day and how many pieces does he make in 24 days?

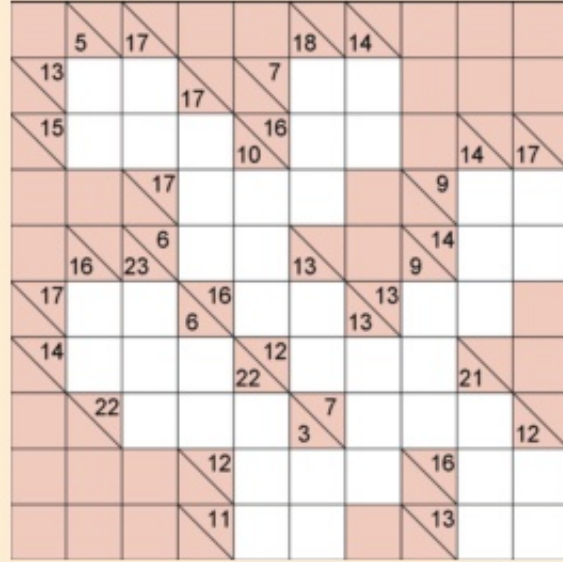
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

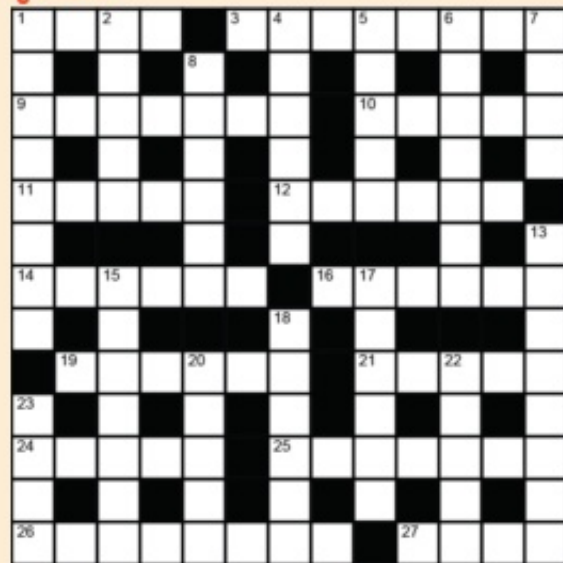


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

- 1 Musical instrument (4)
- 3 Inaction (8)
- 9 French nobleman (7)
- 10 Lightens (5)
- 11 Fix a computer programme (5)
- 12 Restaurant (6)
- 14 Constellation: The swan (6)
- 16 Geometrical solids (6)
- 19 Curry containing pork (6)
- 21 Court boss (5)
- 24 Defamatory writing (5)
- 25 Yield (7)
- 26 New York City (3,5)
- 27 Eye infection (4)

DOWN

- 1 A person or firm unable to cope without help? (4,4)
- 2 Beat (5)
- 4 _____ out: distributed carelessly and indiscriminately? (6)
- 5 Leave of absence (5)
- 6 Makes certain (7)
- 7 Waistband (4)
- 8 Martial art (4,2)
- 13 Bring together (8)
- 15 Miscellaneous collection (4,3)
- 17 Discard (6)
- 18 Superficial brilliance or splendour? (6)
- 20 Sardesal or Vengsarkar of India cricket? (5)
- 22 Uncertainty or misgiving (5)
- 23 Heavy stick (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: M EQUALS H
MX YMG SGXK WGH JWGY MGY
HG VOXZHX KMG CNS WGH
JWGY.



Linemaro

I didn't know perfection existed until I met you



Mindchow

The whole trick is keeping the truth up in front of daily consciousness



Joke of the day

Women love it when I tell them I served in Iraq. No point adding I got knocked out in the qualifying round of the Baghdad Tennis Open

Loop

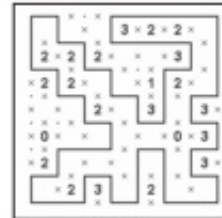
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

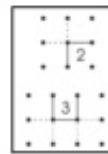
How to begin:

Example (Fig A) - Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

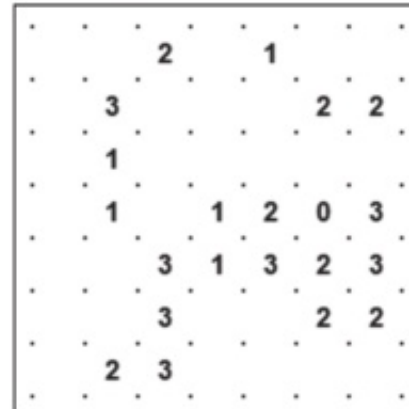
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



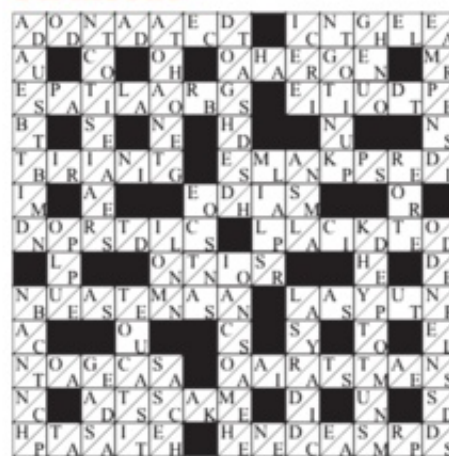
(Fig A)



(Fig B)
Not Allowed



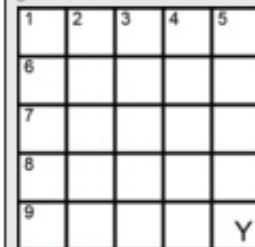
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

- 1 Grade; 6 A alum;
- 7 In MIB; 8 Suave;
- 9 Pryer

DOWN

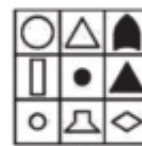
- 1 Up urn (3-2); 2 Evil a;
- 3 A germ; 4 Bream;
- 5 Id Say

Mensapuzzle

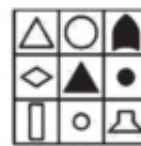
Which is the odd one out?



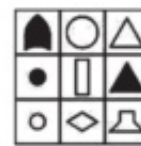
A



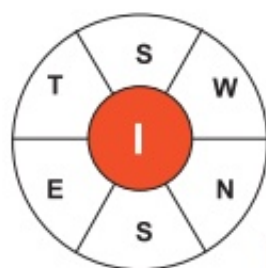
B



C



D



Bull's eye

How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

09 Average; 11 Good; 13 Outstanding

SudokuChallenge



To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Easy

□ □ □ □ □ = 12

5 5 7 9

Medium

□ □ □ □ □ = 6

3 5 7 9

Hard

□ □ □ □ □ = 23

3 5 9 4

Hocusfocus



Find at least six differences in details between panels.



Differences: 1. Window is larger. 2. Arm is moved. 3. Fingers are moved. 4. Ice cream scoop is missing. 5. Lamp is different. 6. Pillow shape is different.

Riddler

Name these automobile makers:

1. Weep convulsively 2. Star Wars action figure
3. Earth wanderer

Alpha triangle

- 1 8th letter
- 2 Expression of appreciation
- 3 Possesses
- 4 Branch of Islam
- 5 Indian title of respect
- 6 Get rid of
- 7 Striking heavily

Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be

made at each step answering to the clue given.

COMICS

Redeye by Mel Casson



Bizarrotrip



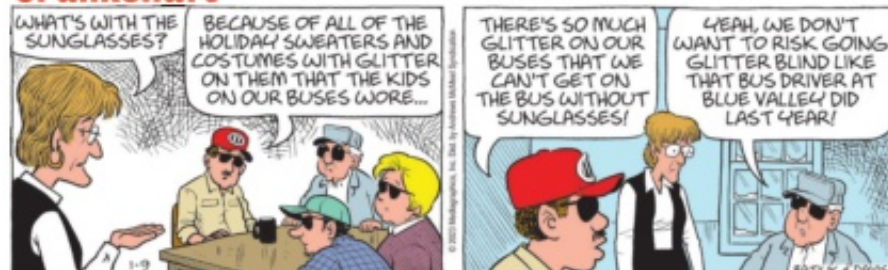
Diamond Lil



Hart of the city



Crankshaft



Mutts



WHAT YOUR STARS SAY TODAY

Aries Mar 21 - Apr 20

Today new sources of income are likely to be opened. Your past investments may give you a good profit, which will boost your bank balance. You are likely to connect with a social organisation, which will increase your network. Singles may find a soulmate in terms of marriage.



Leo Jul 24 - Aug 23

Today you are blessed by the moon. Love would be in the air in terms of personal life. Singles may find suitable matches. You may do better in terms of professional life. Your friends and subordinate staff are likely to support you.



Sagittarius Nov 23 - Dec 22

Today your subordinate staff may be cooperative, it may help you to complete postponed projects. You are likely to join some social event, which may boost your network, it may help you in your work or social life. You may plan to go for an outing with friends. Some disputes with friends may be settling now. Students are advised to avoid carelessness.



Taurus Apr 21 - May 20

Today's blessing from elders may make you confident. You can follow your intuition before taking any initiatives which may help you at work. Your intuition may help to gain more in terms of finance. You are likely to visit some religious place with your family members. You must control your arrogance to enjoy your domestic life. Students may expect good results with the help of destiny.



Virgo Aug 24 - Sep 23

Today you may be able to make a balance between your earnings and expenses, which may boost your bank balance. You are likely to perform better in your job. Your boss can give you new responsibilities in terms of promotions. You may get back your money which was stuck. You may be able to control your opponents and hidden enemies.



Capricorn Dec 23 - Jan 20

Today your communication skills may help you in terms of professional front. You are likely to be more polite with everyone around you, which may help you to speed up your projects. Love birds are likely to exchange their views with each other, which may make some foundation of their relationship.



Gemini May 21 - Jun 21

Today you may expect some instant gains in your business, which may boost your confidence level as well as bank balance. You are advised to avoid stress in domestic life. There would be some momentum at the business and work front. Your prestige may be increased. You may also plan for an overseas trip.



Libra Sep 24 - Oct 22

Today you may feel dullness due to sleeplessness; you may be scattered towards your goals, which may affect your working efficiency. You may plan to visit some religious place. But in the late evening, you may be blessed by your elders; you may find out your mistakes and may make a good plan for the coming day. You are advised to take care of your parent's health.



Aquarius Jan 21 - Feb 19

Today you are blessed by the moon. New partnerships may give you benefits. Your energy level is likely to be high. Your hard work and enthusiasm may pay you off in terms of financial gains. Self respect may protect you from negative people around you.



Cancer Jun 22 - July 23

Today things would not be favourable. You may feel dull and unhappy. Some mysterious fear may make you upset. You are likely to be attracted to the occult. You may feel a lack of confidence, which may affect your work. It is to avoid rash driving and risky adventure tours.



Scorpio Oct 23 - Nov 22

Today you may be in a hurry. You are advised to drive safely. But with the blessing of the elders, you may come out from the messy situation. You are likely to be more romantic in your love life; harmony in domestic life may come. You may expect some positive results in new partnerships. Love birds may enjoy their happy moments. Students may hear good news in terms of academics.



Pisces Feb 20 - Mar 20

Today you may feel dullness and unhappiness. You are advised to avoid harsh conversation with friends and family members. You may also not be able to get proper reciprocation of your hard work. Need to follow your intuition. You are advised to keep patience while making some important decisions.



KIDZONE



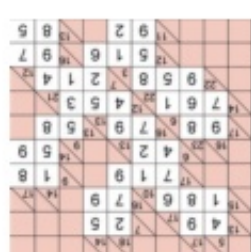
Chetana R, BET Convent



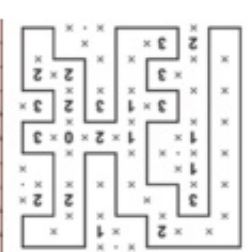
Dikshitha S, 10 Years, St. Charles High School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

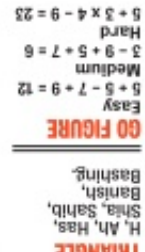
SOLUTIONS



KAKURO



LOOP



ALPHA



SUDOKU



MENSA PUZZLE



QUICK



STRIKE OUT



BULL'S EYE



RIDDLER



NEXA

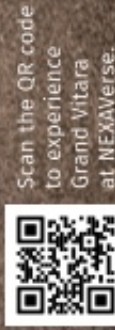
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